

Belt Test Application (ver. 2017)

Student Na	ame:		Date:	
Dear Educator,				
The student named above i	is scheduled to test for	or his/her next belt. Pleas	se take a few minutes to answer the following	
short questions.				
1. My student is attentive and respectful during class instruction.				
a. all of the time b.	most of the time	c. some of the time	d. needs work	
2. My student is respectful, courteous, and kind to his/her classmates.				
a. all of the time b.	most of the time	c. some of the time	d. needs work	
3. My student turns in his/her homework on time.				
a. all of the time b.	most of the time	c. some of the time	d. needs work	
Signature:				
Dear Parent,				
1. My child responds to my requests with Yes, sir/ma'am!				
a. all of the time b.	most of the time	c. some of the time	d. needs work	
2. My child is respectful, kind, and courteous with his/her siblings (if applicable).				
a. all of the time b.	most of the time	c. some of the time	d. needs work	
3. My child keeps his/her room neat and clean.				
a. all of the time b.	most of the time	c. some of the time	d. needs work	
Signature:				

Power Goal

Goal setting is a powerful tool all successful people use to achieve great things in life. On a separate sheet, list a significant non-Tae Kwon Do related Power Goal that you wish to achieve in the next 4 to 6 months. If you need help from your parents, that's okay, but if you are 7 and older you should be able to set your own goals. Make sure that your goal has the following 3 elements:

1. Be as specific as possible.

- 2. A definite time frame you want to achieve your goal.
- 3. A specific plan of action.

Wimpy Goal: My goal is to be able to do a jump on my snowboard. I will achieve it by practicing every day. **Power Goal:** My goal is to be able to do full 360 degree spin and jump on my snowboard by December 28, 2016. I will achieve this goal by doing 50 jumps a day and working on my 360 degree spins with leg weights 3 times per week.

Character Concept Paragraph

Paragraphs on the following topics must be submitted by students (in High School and below) testing for the next belt. All paragraphs must be typed! Parents you may help your child, but please make sure the content is supplied by your child. We do not check for grammar or spelling errors, so its okay to type it in their words. A minimum of 5 sentences is expected.

- Your paragraph should outline the following:
 - 1. What the concept means
 - 2. Give specific examples in your life where you can apply the concept.

Testing to Gold Belt	"The importance of Honesty "
Testing to Orange Belt	"The importance of Self Control"
Testing to Green Belt	"The importance of Perseverance "
Testing to Purple Belt	"The importance of Focus "
Testing to Blue Belt	"The importance of Responsibility "
Testing to Red Belt	"The importance of Courage"
Testing to 2 nd Brown Belt	"The importance of Positive Attitude"
Testing to 1 st Brown Black	"The importance of Confidence "
Testing to Black Belt	"What Jhoon Rhee Tae Kwon Do has done for me." (2 pages typed)



Congratulations! You are scheduled to test for your next belt. All items must be prepared and submitted together or you will have to wait for the next testing period. Students (Not Parents) must submit to Master Rhee <u>at least one day prior</u> to the test day.

Students in Grade K through 8 must submit all items below 1 - 6 Students in High School items 2 – 6 Adults 18 and over items 5 - 6

- 1. The Teacher and Parent Questionnaire (see back side of this sheet)
- 2. Your Tae Kwon Do notebook (have you downloaded this month's message of the month from the website?)
- 3. A copy of your most recent academic report card.
- 4. Your character concept paragraph and power goal (see back side of this sheet)
- 5. Test application and fee. Cut and complete application below
- 6. Your class attendance card (pull from attendance box)
 - During test week, check the calendar for the test day and times. If you cannot make the test day, you must inform Master Rhee prior to the test day and schedule a private test (\$20 fee).
 - You must wear your complete uniform with all patches properly sewn. No t-shirts at testing.
 - Sparring Gear is not necessary during testing (Purple Belts and higher should bring the belt stretcher and flags for forms)
 - Make sure you attend classes regularly so you are prepared to test. If there is any part of the curriculum you have forgotten, please take the time to attend the appropriate belt level class or ask an instructor for help. Your test will cover everything you have learned thus far! Please refer to your curriculum sheets (which should be in your note-book)
 - Private lessons with an instructor are available. Please contact Master Rhee at <u>RheeFC@gmail.com</u> to schedule an appointment.

Note to Parents: Students will test based on 2 criteria:

- 1. If the instructor feels that a student is ready based on the students performance in class
- 2. If the student has more than the required number of classes to test.

In the latter case, the students may not be ready, but the testing process serves as a necessary opportunity to offer constructive feedback to identify areas where the student needs improvement. We understand that the testing process can be a stressful experience for the students. Each student must enter the test with not only the technical skills and physical preparedness, but also possess a confident attitude and focus. Please speak with your child about expectations and help them prepare for the possibility of not passing the test on the first attempt. Students who do not pass the initial test are more than likely to return the following month much more improved and focused. Nobody fails unless they quit ©

(please cut before presenting notebook)

JHOON RHEE TAE KWON DO BELT TEST APPLICATION

DIRECTIONS:

- 1. Complete requested information below. Please print neatly.
- 2. Please cut along perforated line and attach \$50 test fee to application. Make checks payable to "Jhoon Rhee TKD"
- Student Name
- Belt Rank Testing to:_____
- Cash Check Credit Card

Test Date