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## 2018 Summer Fun Activities Camp (for ages 6.5 to 12)

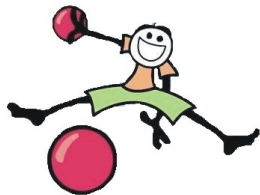
Monday to Friday - 9:00 am to 4:30 pm All Campers MUST arrive no later than 9:30 am.  
(Early care 8:00 am (no charge)/ Extended Care available to 6:00 pm \$15 additional per day)

**Jun. 18 - 22**

**Jun. 25 - 29**

**Aug. 13 - 17**

**Aug. 20-24**



### Camp Fees:

\$425 Guests (includes a camp t-shirt)/ \$395 for active Jhoon Rhee Falls Church Members (1 camp t-shirt)

10% discount for additional family; \$25 Early Registration Discount before 5/1/18

*No Refunds within 2 weeks of start of camp. \$95 administrative fee for cancelled registrations before 2 week period*

### Camp Registration is online.

Please go to [www.jhoonrheetkd.com](http://www.jhoonrheetkd.com). From the "Programs" section at the top menu, select "Camps".

From the camp page, the registration link is on the right side.

### Camp Schedule (subject to change)

8:00 am - 9:00 am	Early Care (Free Play)
9:00 - 10:30 am	Games / Dodgeball / Bopper Sparring / Nerf™ Dart Tag / TKD Fitness
10:30 - 11:15 am	Creativity Break (Legos, Picasso Tiles, Brain Flakes)
11:15 - 12:00 pm	Lunch
<b>12:00 - 3:45 pm</b>	<b>Activity of the Day (some field trips may start early)</b>
4:30 pm	Camp Ends /Pick-up
4:00 - 6:00 pm	Extended Camp Care ( <i>\$15 per day</i> )

### Activity of the Day (schedule may change according to the days weather)

Mondays:	Super Dodgeball Tournament
Tuesdays:	Bowling
Wednesdays:	Watermine Swim Park/Upton Hill Swim* (Watermine park may not be available in August due too late opening)
Thursdays:	Movie Day (@ theater; family friendly movies may have a PG rating; <i>Please arrive to camp by 9 am!</i> )
Fridays:	Rebounderz Trampoline Park

**Only 26 spots available each week! Register before May 1 and save \$25!**

### Junior Camp Pre-requisite:

**Must be at least 6.5 years old**

**Must know how to swim**

**Must be able to watch a PG Movie**

Our Summer Fun Activities Camp is designed for children ages 6.5 to 12. The full day camp starts at 9:00 am and ends at 4:00 pm with early care available at 8:00 am (no charge) and extended care available to those who need it until 6:00 pm (additional \$15 per day). Each week is filled with a variety of indoor and outdoor activities that include Tae Kwon Do, arts and crafts, bowling, swimming (Upton Hill and the Watermine Park), Nerf™ Dart Tag, indoor games, outdoor sports, and a field trip to the Rebounderz Trampoline Park. Students should bring their lunch and a snack, including something to drink. **PLEASE DO NOT PACK PEANUT PRODUCTS.** There is a limit of 26 students per any day, so register today!



## 2018 Kneehigh Ninja Half Day Camp *(for ages 5 to 8)*

Monday to Friday - 9:00 am to 1:00 pm

**Aug. 13 – 17    Aug. 20 - 24**

*Campers must be at least 5 years of age.*

*Exceptions MAY be made for students in our school who are 4 years old, but they must be a student at our school (instructor permission required)*

### Camp Fees:

\$295 guests (includes uniform pants and t-shirt)/ \$255 for active Jhoon Rhee Falls Church members (T-shirt only)  
10% discount for additional family; \$25 Early Registration Discount before 5/1/18

*No Refunds within 2 weeks of start of camp. \$95 administrative fee for cancelled registrations before 2 week period*

**Camp Registration is online.**

**Please go to [www.jhoonrheetkd.com](http://www.jhoonrheetkd.com). From the “Programs” section at the top menu, select “Camps”.  
From the camp page, the registration link is on the right side.**

### Ninja Camp Schedule (subject to change)

8:00 - 9:00 am	Early Care (No charge for early care)
9:00 – 9:30 am	Indoor Playground/ Super Mega Dodgeball/ Obstacle course
9:30 – 10:15 am	Bopper Sparring/Tae Kwon Do / Fitness
10:15 – 11:15 am	Arts and Crafts/ Creativity Break (Legos, Picasso Tiles, Brain Flakes)
11:15 – 12:00 pm	Lunch
12:00 – 1:00 pm	Free Play
<b>1:00 pm</b>	<b>All Campers must be picked up by 1 pm. Please arrive on time. \$10 late fee for every 10 minutes or fraction of a child is picked up late.</b>

**Only 20 spots available each week!**

**Register before May 1 and save \$25!**

The Kneehigh Ninja Fun Half Day Tae Kwon Do Camp is the ultimate martial arts training session for a current or a new student. Specifically designed for children between the ages of 5 and 8, students will review the basic skills of Jhoon Rhee Tae Kwon Do in a fun and safe environment. Children will work on balance, coordination and focus through various drills and exercises which include bopper sparring, board breaking and target kicking. Our Black Belt staff are trained from the world renowned Jhoon Rhee Institute and are specialists in teaching children in this age group so you will be guaranteed to get the best possible instruction for your child. Each day is also balanced out with arts and crafts, fun games and life skills training to help build a positive character and discipline in your child. The half-day camp starts at 9:00 am and ends at 1:00 pm. Campers are required to bring their lunch (utensils), drink and a snack. **PLEASE DO NOT PACK PEANUT PRODUCTS**