



2018 Kneehigh Ninja Half Day Camp *(for ages 5 to 8)*

Monday to Friday - 9:00 am to 1:00 pm

Aug. 13 – 17 Aug. 20 – 24

Campers must be at least 5 years of age.

Exceptions MAY be made for students in our school who are 4 years old, but they must be a student at our school (instructor permission required)

Camp Fees:

\$295 guests (includes uniform pants and t-shirt)/ \$255 for active Jhoon Rhee Falls Church members (T-shirt only)
10% discount for additional family; \$25 Early Registration Discount before 5/1/18

No Refunds within 2 weeks of start of camp. \$95 administrative fee for cancelled registrations before 2 week period

Camp Registration is online.

Please go to www.jhoonrheetkd.com. From the “Programs” section at the top menu, select “Camps”.

From the camp page, the registration link is on the right side.

Ninja Camp Schedule (subject to change)

8:00 - 9:00 am	Early Care (No charge for early care)
9:00 – 9:30 am	Indoor Playground/ Super Mega Dodgeball/ Obstacle course
9:30 – 10:15 am	Bopper Sparring/Tae Kwon Do / Fitness
10:15 – 11:15 am	Arts and Crafts/ Creativity Break (Legos, Picasso Tiles, Brain Flakes)
11:15 – 12:00 pm	Lunch
12:00 – 1:00 pm	Free Play
1:00 pm	All Campers must be picked up by 1 pm. Please arrive on time. \$10 late fee for every 10 minutes or fraction of a child is picked up late.

Only 20 spots available each week!

Register before May 1 and save \$25!

The Kneehigh Ninja Fun Half Day Tae Kwon Do Camp is the ultimate martial arts training session for a current or a new student. Specifically designed for children between the ages of 5 and 8, students will review the basic skills of Jhoon Rhee Tae Kwon Do in a fun and safe environment. Children will work on balance, coordination and focus through various drills and exercises which include bopper sparring, board breaking and target kicking. Our Black Belt staff are trained from the world renowned Jhoon Rhee Institute and are specialists in teaching children in this age group so you will be guaranteed to get the best possible instruction for your child. Each day is also balanced out with arts and crafts, fun games and life skills training to help build a positive character and discipline in your child. The half-day camp starts at 9:00 am and ends at 1:00 pm. Campers are required to bring their lunch (utensils), drink and a snack. **PLEASE DO NOT PACK PEANUT PRODUCTS**